

# Objective

- Explain how to:
  - “Fall In”
  - “Dress Right Dress”
  - Properly size formation
  - “Open Ranks”
  - “Close Ranks”
- Hear it/see it before go out to practice it

# Drill

- Certain movements by which flight is moved in orderly manner from one formation to another or from one place to another
- **Your J.O.B.**
  - **Learn all movements & standards**
    - Practice, practice, practice
      - Requires time & effort
    - Study Drill & Ceremonies manual (AFMAN 36-2203) – on website
      - Read It, Learn It, Do It, Teach It
        - How can you correct/teach it if you don't know it?
  - **Execute with precision...strive for perfection**
    - Attempt to not be the one who makes formation look bad (weakest link)
      - Speak up if don't understand
  - **Adapt your own movements to those of the group** (if required)
    - Everyone in formation must move together on command

# A Few Drill Standards

## ■ Steps & Marching

- When executed from a halt, all steps & marching begin with left foot
  - Except right step & close march (not learning today)
- Quick time
  - 24" steps measured from heel to heel

## ■ Coordinated Arm Swing

- 6" to the front
  - Measured from the rear of the hand to the front of the thigh
- 3" to the rear
  - Measured from the front of the hand to the back of the thigh

## ■ 40" distance

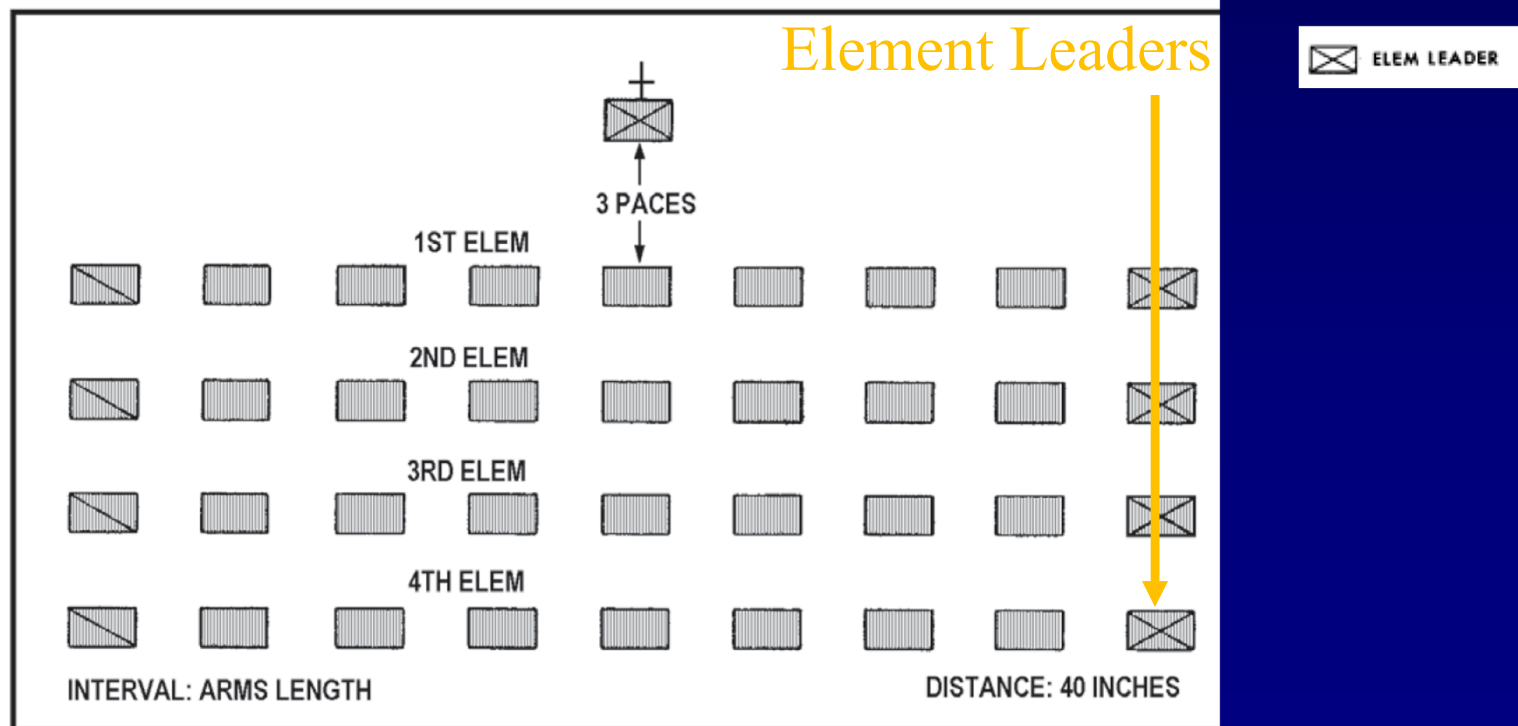
- Measured from the chest of the individual to the back of the individual directly in front



# “Fall In”

- Purpose: Used to form element/flight in line formation & establish interval
  - **Line Formation** = Element leaders are at **right side of formation**
  - NOTE: Flight requires at least 2, but not more than 4, elements

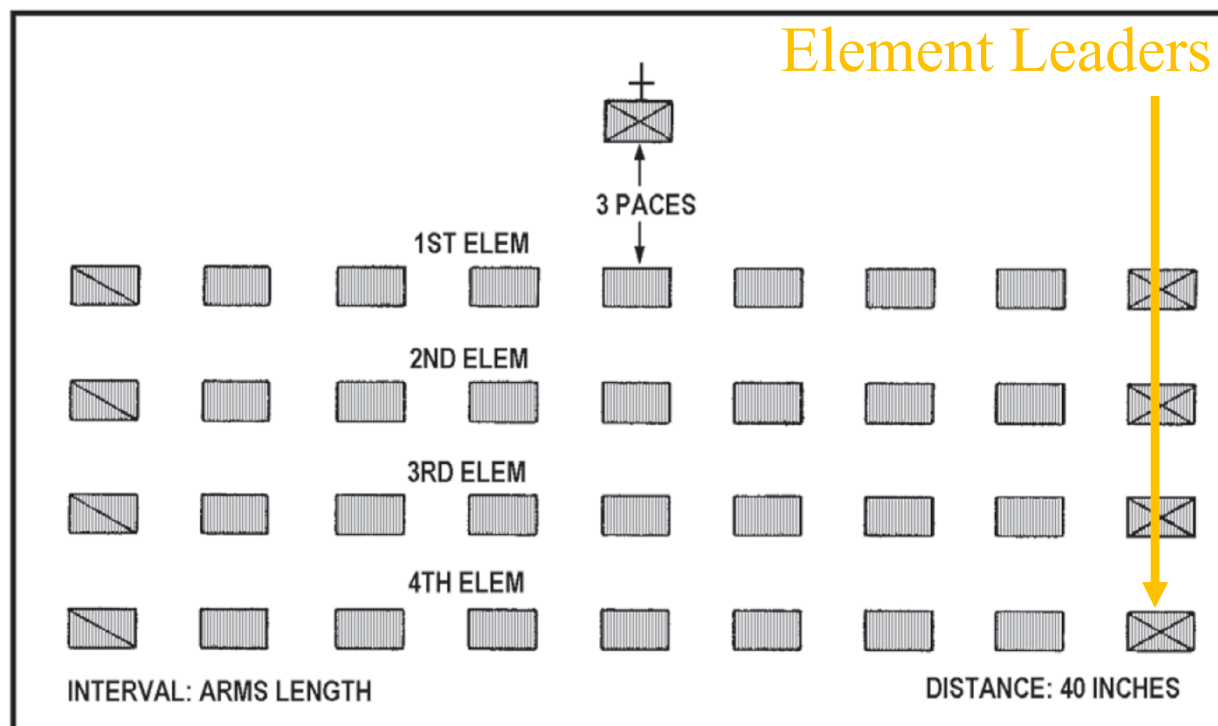
Figure 4.1. Flight in Line Formation.



# “Fall In”

- Combined Command: “Fall In”

Figure 4.1. Flight in Line Formation.

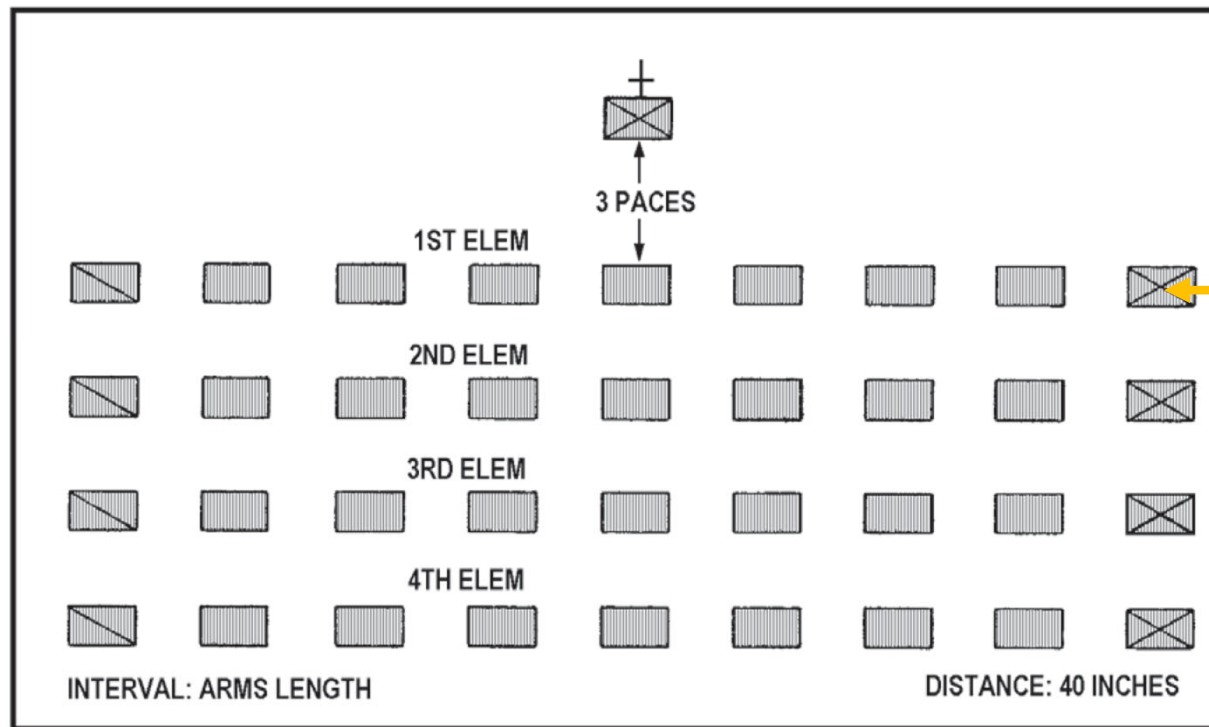


# “Fall In” Execution – w/o Guide

## ■ 1<sup>st</sup> Elem/Ldr

- Takes position of facing Drill/CC and to Drill/CCs left so 1<sup>st</sup> Elem will fall in **centered and 3 paces** from Drill/CC (requires experience)

Figure 4.1. Flight in Line Formation.



# “Fall In” Execution – w/o Guide

## ■ 1<sup>st</sup> Elem/Ldr

- Once halted at attention, executes an automatic dress right dress (head/eyes remain forward)
  - When feels presence of cadet to left on fingertips
    - Executes automatic Ready Front and doesn't move (anchor for rest of formation)

## ■ Remaining element leaders

- Fall in directly behind 1<sup>st</sup> Elem/Ldr
- Execute an automatic dress right dress (head/eyes remain forward)
- **Align themselves directly behind the individual in front of them & visually establish 40” “distance”** (measured from chest to back of cadet in front of them) **(small choppy steps)**

term = “cover”

Figure 4.1. Flight in Line Formation.

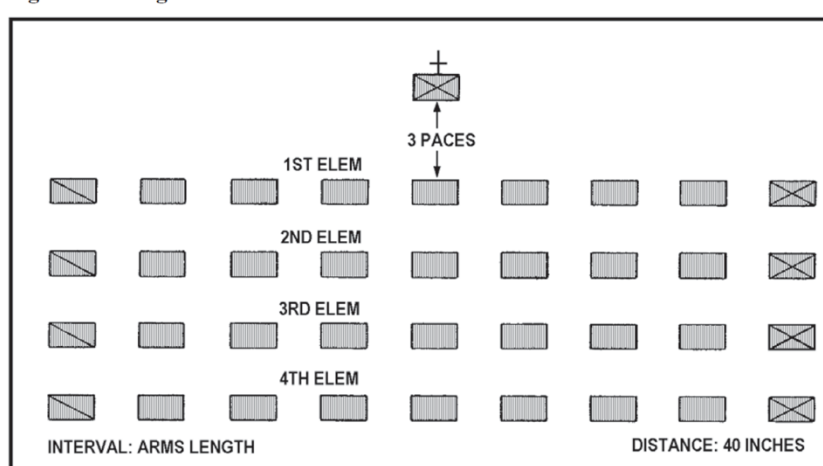
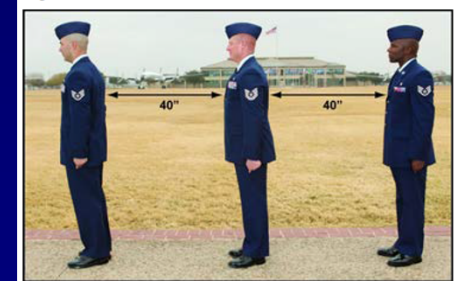


Figure A2.1. File.



# “Fall In” Execution – w/o Guide

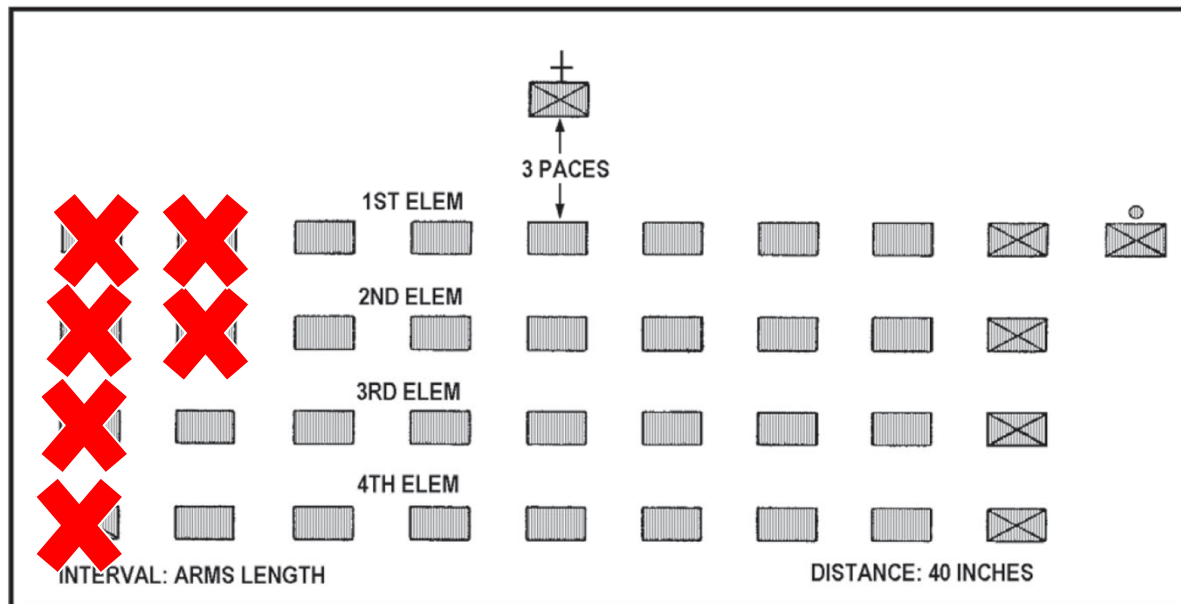
## ■ Remaining cadets

- Fall into any open position to left of element leaders
  - Execute automatic dress right dress to establish dress & cover (discuss more later)

## ■ Note: The left flank of the formation will be squared off with extra cadets filling from the 4<sup>th</sup> to the 1<sup>st</sup> element

- For example, if one extra cadet, he/she will be positioned in the 4<sup>th</sup> element
- If two extra cadets, one will be in 3<sup>rd</sup> and one will be in 4<sup>th</sup> element

Figure 4.1. Flight in Line Formation.

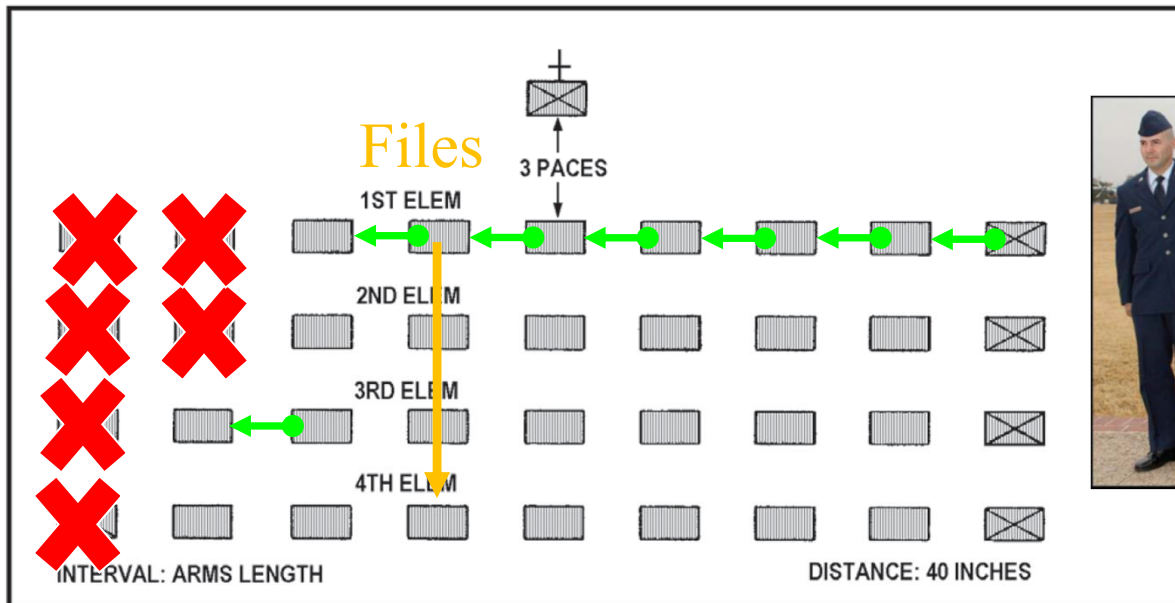




# “Fall In” Execution – w/o Guide

- **Leading individuals in each “file”** (single column of persons placed one behind the other) **establish normal “interval”** (space between individuals placed side by side) **at dress right dress by taking small choppy steps & aligning with the base file** (element leaders) **& establishing exact shoulder-to-fingertip contact** (← below) **with the cadet to immediate right**
  - Dressing toward base file of element leaders who set the distance (40”)
  - Front cadet in each file sets the normal interval (arms length)

Figure 4.1. Flight in Line Formation.

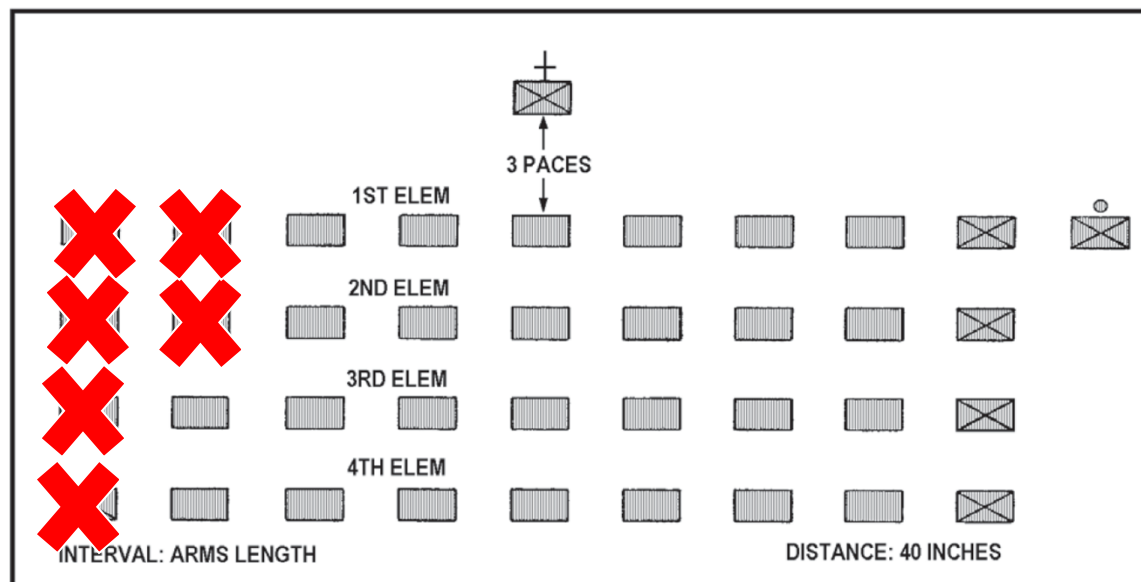


# “Fall In” Execution – w/o Guide

## ■ Dress, Cover, Interval and Distance (DCID) Responsibilities:

- The **remaining cadets** in the second, third and fourth elements take **short choppy steps to dress to the right (base file of element leaders) and cover directly behind the cadet in front of them using their peripheral vision** (looking out of the corner of their left eye).
- Long Arm-Short Arm Rule if required as establish dress/cover (as use peripheral vision to line up with cadet in front of you using choppy steps)
  - If you are in the second, third, or fourth element and **your arm is too long, place your hand behind the cadet to your left, arm parallel to the ground**
    - If your arm is too short, leave your arm and hand extended, parallel to the ground.

Figure 4.1. Flight in Line Formation.



# “Fall In” Cont.

- As soon as dress, cover, interval, and distance are established per previous discussions, each cadet executes an auto ready front on an individual basis and remains at attention
- Note: Last cadet in element will not raise arm (still turn head 45 degrees to dress)



# DRESS RIGHT DRESS

- Purpose: military way of **aligning element/flight in line formation**
- Preparatory command “**Dress Right**”
- Command of Execution: “**Dress**”
- Note: Automatic on individual basis at Fall In
- Requirement: line formation, halted at attention, at normal interval, execution with snap & pop



# DRESS RIGHT DRESS

## ■ Procedures:

- When hear preparatory command of “**Dress Right**” form a mental picture of what you are about to execute, do not move.
- When hear command of execution “**Dress**”
  - Raise and extend your **left arm** laterally from the shoulder with **pop & snap** (arms stays straight as extend out, don't bend at elbow)
    - Exception: last cadet in element/rank doesn't extend arm
- At approximately **waist level**, **uncup your hand**, **extend and join your fingers**, and **place your thumb along your forefinger**
- **Keeping palm facing down**, continue raising your arm until it is parallel to the ground
- **Simultaneously** turn your **head 45 degrees** to right with a **snap**
  - Exception: Element leader stays looking forward



# DRESS RIGHT DRESS

## ■ Dress, Cover, Interval and Distance (DCID)

### Responsibilities:

- Second, third, and fourth element leaders take short, **choppy steps to cover directly behind the cadet in front of them** and **establish an approximate 40-inch distance**.
- The **leading individual in each file** takes short, choppy steps to dress to the right and establish **normal interval by obtaining shoulder-to-fingertip contact with the cadet to their immediate right**.
- The **remaining cadets** in the second, third and fourth elements take **short choppy steps to dress to the right and cover directly behind the cadet in front of them using their peripheral vision** (looking out of the corner of their left eye).

## ■ Long Arm-Short Arm Rule:

- If you are in the second, third, or fourth element and **your arm is too long, place your hand behind the cadet to your left, arm parallel to the ground**.
- If your **arm is too short, leave your arm and hand extended, parallel to the ground**.



# DRESS RIGHT DRESS

- Maintain this position until you are properly aligned and you receive the next command, which will be “**Ready, Front**”.
- Upon hearing the preparatory command of “**Ready**”, form a mental picture of what is about to take place, maintaining your current position.
- When you hear the command of execution, “**Front**”, smartly lower your hand, **retracing the path you used to raise it and cup your hand as it passes the waist, returning your hand to your side without slapping**. Simultaneously, with snap, turn your head and eyes to the front.
- You are now back at the position of attention where you will remain until you receive your next command.

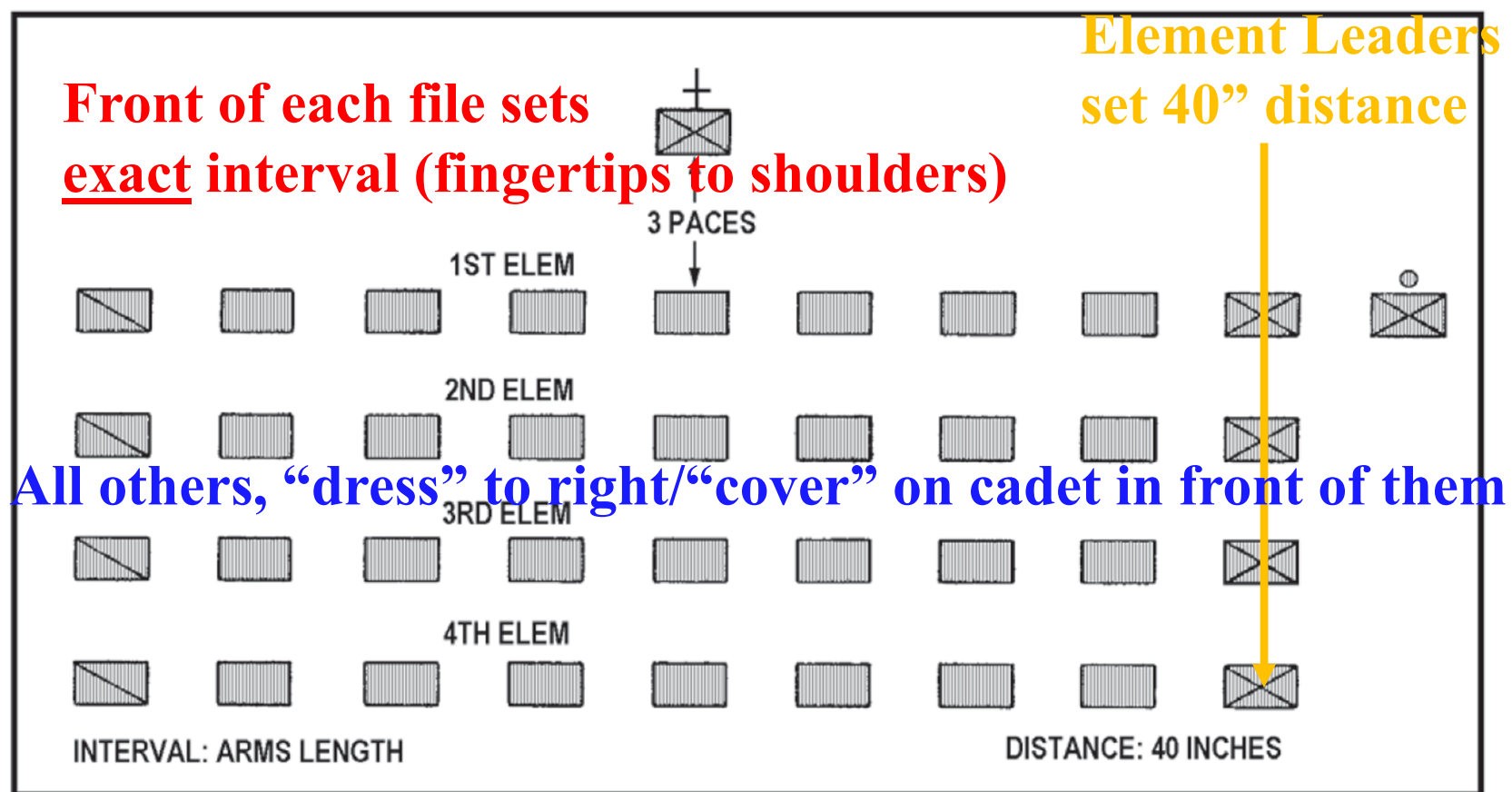
# **DRESS RIGHT DRESS DEMO**





# “Fall In” Summary

Figure 4.1. Flight in Line Formation.



# FALL IN EXAMPLE 1

Note how quick, precise, and military

After size flight enough, you should basically  
know where to go



**FALL IN EXAMPLE 2**



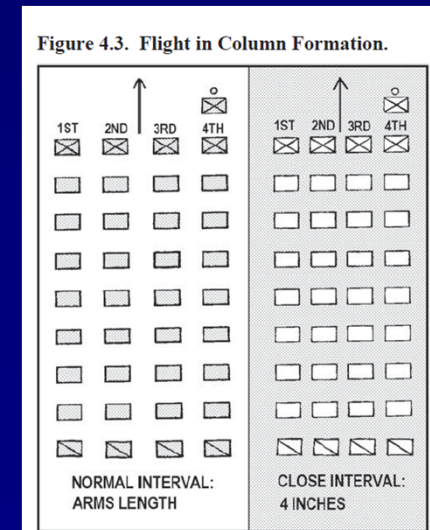
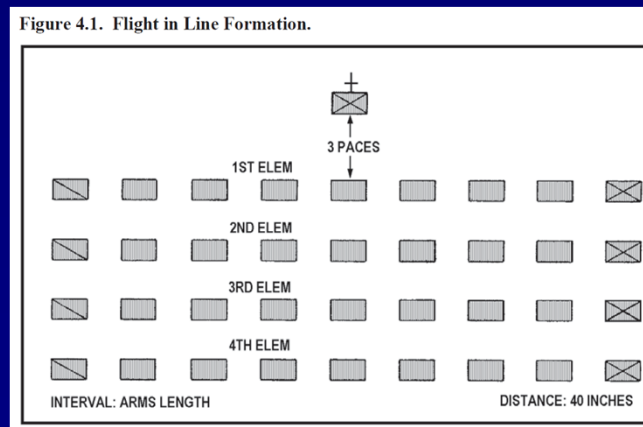
**FALL IN EXAMPLE 3**





# Sizing Flight

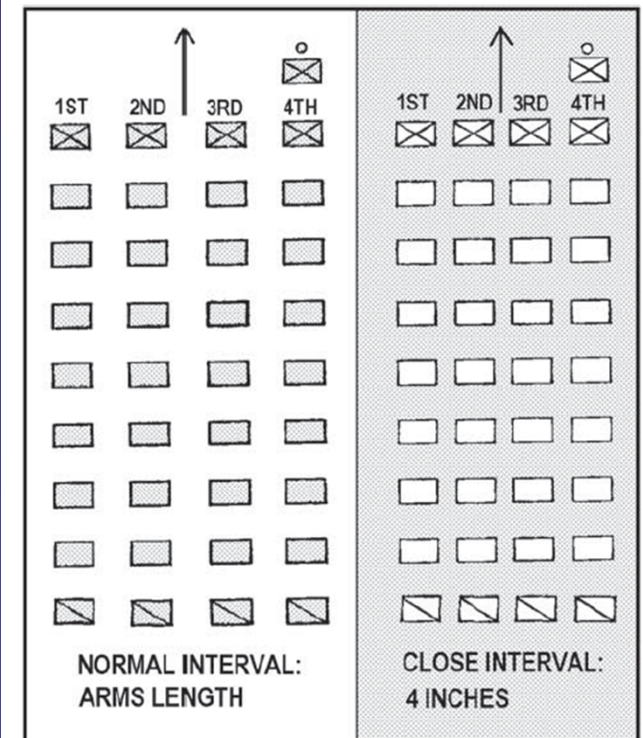
- **Drill/CC faces flight to right** (from line to column formation)
  - Column = Element leaders in front of formation
  - Has tallest cadets (element leaders) move to the front of the flight according to height
    - “With the exception of element leaders, if you are taller than the cadet in front of you, tap them on the shoulder and move forward”
- **Drill/CC faces flight to right** (from column to inverted line)
  - Again has taller cadets move to front according to height
  - No exceptions
  - “With no exceptions, if you are taller than the cadet in front of you, tap them on the shoulder and move forward”



# Sizing Flight

- Drill/CC faces flight back to left (back to column formation)
  - “With the exception of element leaders, if you are taller than the cadet in front of you, tap them on the shoulder and move forward”
- “Cover” (next slide)

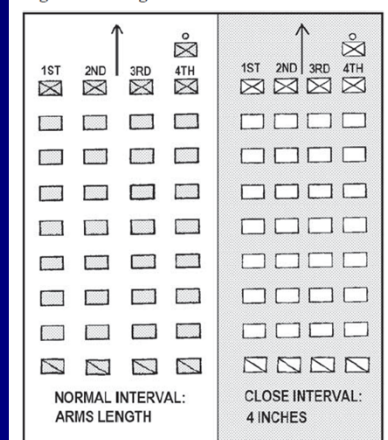
Figure 4.3. Flight in Column Formation.



# “Cover”

- Purpose: to align the flight in column/or inverted column formation when halted
- The command is “Cover”
- Note: Does NOT involve extending arms or turning heads. Adjust interval (side-to-side) & distance (front-to-rear) visually. Use peripheral vision to align with base file (dress)
- Execution
  - Everyone, except guide adjusts by taking small choppy steps if needed and establishes dress, cover, interval, distance
  - Leading individuals of each file (excluding base file) obtains proper normal “interval”
    - Leading individuals in column formation are element leaders (right element leader doesn’t move)
  - Base file establishes and maintains 40” (“distance”)
    - Base in column formation is element on right
  - All others align themselves beside individual to right (dress) using peripheral vision, and behind individual in front of them (cover)
  - Note: not disaster recovery...solution “fall out” & “fall in”
- Note: 2 commands to align stationary flight
  - “Cover”: in column
  - “Dress Right Dress”: in line formation

Figure 4.3. Flight in Column Formation.



# **SIZING/COVER FLIGHT EXAMPLE 1**



# **SIZING/COVER FLIGHT EXAMPLE 2**



**“COVER” EXAMPLE  
IF MISSED IT**





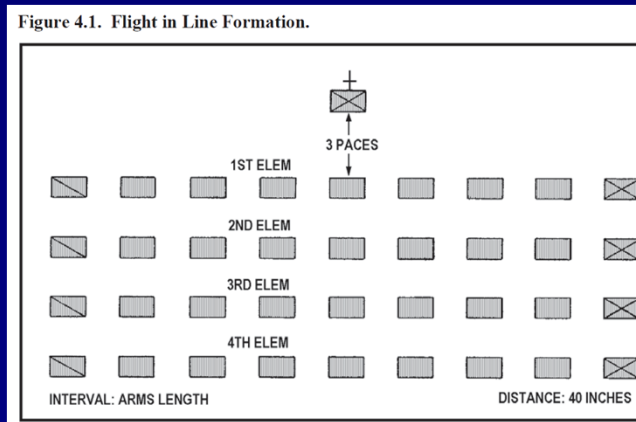
# Open Ranks

- **Purpose:** military way of spreading & aligning a flight in line formation
- **Preparatory Command:** “**Open Ranks**”
  - Know where you are so you know what to do (situational awareness)
- **Command of Execution:** “**March**”
- **Requirements for Movement:** You must be halted at the position of attention; in Line Formation, at Normal Interval, in the Cadence of Quick Time, and is executed with snap and pop.

# Open Ranks

## ■ Procedures (at “March”)

- **Last element will stand fast & automatically execute dress right dress.**
- Each element in front of the fourth element will:
  - take required number of paces, **stepping off with left foot and coordinated arm-swing**
    - 3<sup>rd</sup> element takes **one** 24” step
    - 2<sup>nd</sup> element takes **two** 24” steps
    - 1<sup>st</sup> element take **three** 24” steps
  - **Halt and automatically executes dress right dress**
- Once halted, distance between elements should be 64” (40” plus 24”)
- Drill/CC proceeds & aligns flight
- Once flight is aligned, you will receive the next command, which will be “**Ready, Front**”
- On “**Front**”, everyone will return their heads and eyes back to the front with snap, and return arms to the sides **without slapping**
- Now at position of attention



3  
2  
1  
0

# Close Ranks

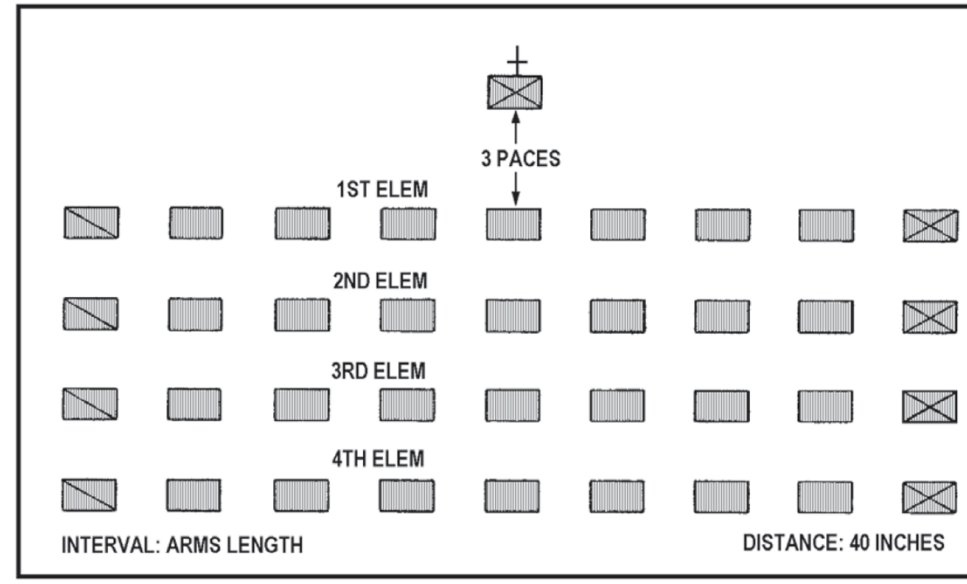
- Preparatory Command: “**Close Ranks**”
- Command of Execution: “**March**”
- **Requirements for Movement:** You must be halted at the position of attention; in Line Formation, at Normal Interval, in Open Ranks, in the Cadence of Quick Time, and is executed with snap and pop.

# Close Ranks

## ■ Procedures (at “March”)

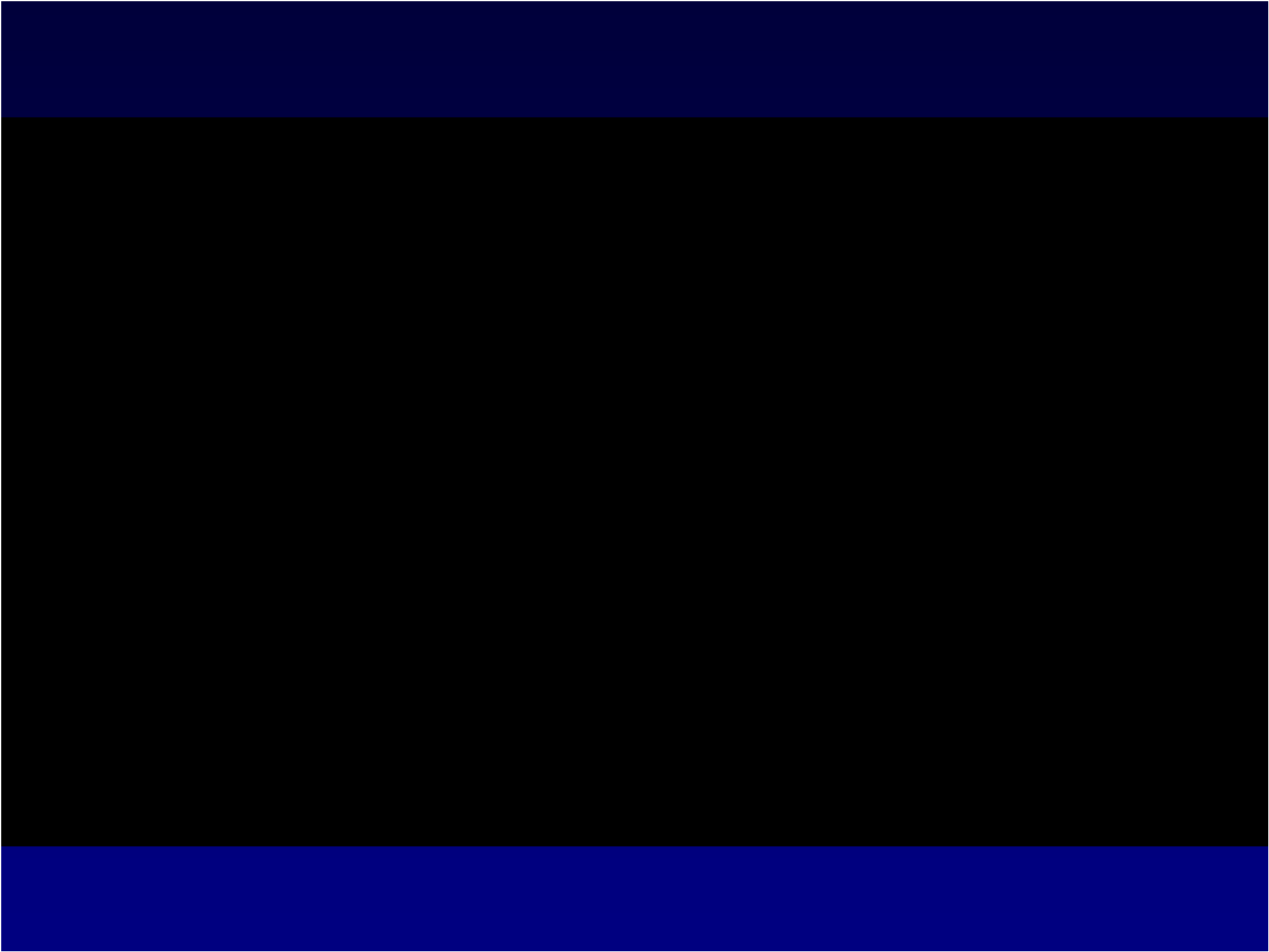
- **First element will stand fast**
- The **second element takes one pace (24” step) forward** with left foot with coordinated arm-swing and halts at the position of attention.
- The **third and fourth elements take two and three paces forward, respectively, and halt at attention.**
- The flight has returned to normal DCID, where you will remain until you receive your next command.

Figure 4.1. Flight in Line Formation.



0  
1  
2  
3

# OPEN RANK & CLOSE RANKS



# **OPEN/CLOSE RANKS**

## **EXAMPLE 1**





# Uniform Inspection

- Open ranks as previously discussed
- Once flight is aligned, Flt/Sgt or Flt/CC proceeds (depending on who inspecting) one step to right of guide (1<sup>st</sup> Elem/Ldr) and marches three pace past. Does left face, and commands **“Ready FRONT”**.
- Flt/CC takes one step forward and faces to the right in a position in front of guide (1<sup>st</sup> Elem/Ldr if no guide)
- Salutes & reports to the inspector
  - **“Sir/Ma’am, \_\_\_ Flight is prepared for inspection.”**
- After inspected, Flt/Sgt or Flt/CC then executes a left face (down line) & commands **“2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> Elements, Parade, REST”**.
  - Lots of detail omitted to follow inspector...will add later
- When inspection party finishes inspecting the 1<sup>st</sup> element and before Inspector halts in front of the 1<sup>st</sup> person of 2<sup>nd</sup> element, the 2<sup>nd</sup> element leader assumes position of attention. The element leader turns head 45 degrees down line and commands **“2<sup>nd</sup> Element, ATTENTION.”**
- The 1<sup>st</sup> element leader turns head and commands **“1<sup>st</sup> Element, Parade, REST”** once assured done

# Uniform Inspection

## ■ After inspection complete

- Flt/CC or Flt/Sgt proceeds directly to a position three paces beyond the front rank, halts, faces to the left (down line), and commands **Flight, ATTENTION**.
- The flight commander then takes one step forward with arm swing and faces to the right.
- The inspector marches to a position directly in front of the flight commander and gives comments.
- After receiving comments, the flight commander salutes the inspector upon departure.
- The inspector executes the appropriate facing movement to depart.
- Before giving further commands, the flight commander faces left (down line) and commands **Close Ranks, MARCH, gives parade rest, at ease, or rest** (whichever is appropriate), and posts in front of and centered on the flight.

**OPEN/CLOSE RANKS  
EXAMPLE 2  
WITH INSPECTION**



**QUESTIONS**

# PROBLEM AREAS

# Alignment While Marching

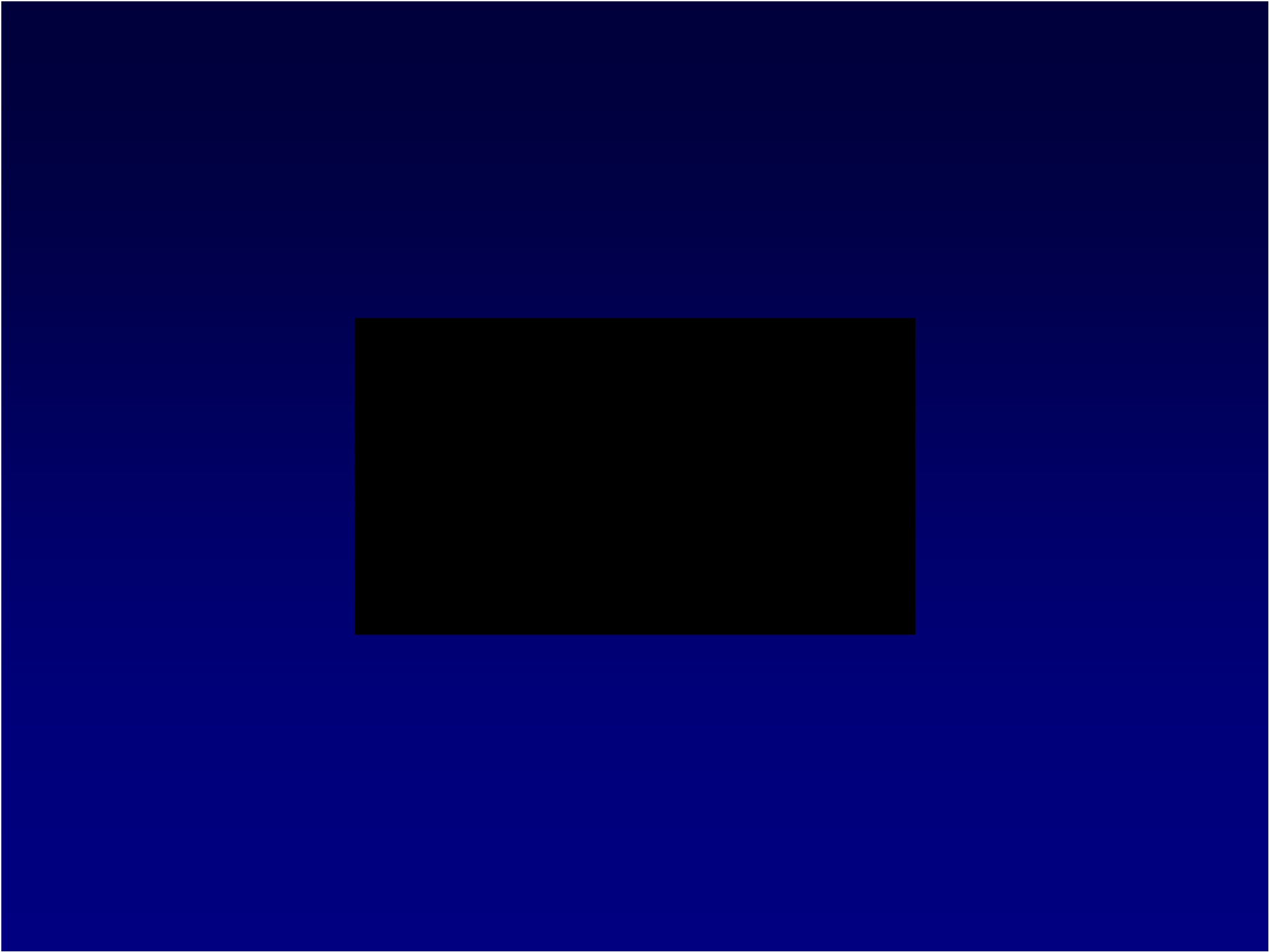
- There is a **requirement to maintain proper alignment while marching**
  - Proper dress, cover, interval and distance will be maintained
- Cadets should **monitor & correct** alignment while marching
- Techniques
  - Continued use of the procedures in the “COVER” command
  - Use those same procedures while marching, but without verbal command of “COVER”
  - “COVER” refresh
    - **Leading individual of each file** (excluding base file) **obtains proper interval**
    - **Base file establishes & maintains 40” distance**
    - All other align themselves beside individual to right (dress) & behind the individual in front of them (cover)
  - What is **proper interval**?
    - In column, proper interval is **arm’s length** between element leaders. Establish **visually!**
  - What is **base file**? **Column = element on right**
    - Note: Column Left: base is left side until forward march
  - How does base file (one on right in column) establish 40” distance?
    - **Visually!**
  - How do remaining cadets establish alignment?
    - Directly behind cadet in front of them & directly beside cadet to the right (expect column left march)
    - **Use peripheral vision to align to person to your right.**
      - Do not turn your head. Describe peripheral vision.



# Alignment While Marching (cont.)

- As long as element leaders & base file maintain proper positioning, instruct cadets to march “directly behind the person in front of you and directly beside the person on your right.”
- Training Technique for Alignment
  - If alignment bad
  - Give command “Flight HALT”
  - Make following statement
    - DO NOT MOVE! Stay in your position.
    - You have permission to turn your heads, but don’t move.
    - Element leaders, you should have proper arm’s interval
    - Look to your right, you should be lined up beside the cadet on your right
    - Look at the cadet in front of you. You should be lined up directly behind them.
    - Do you know if you are in the base element? If you are in the base element, raise your arm.
    - If you are in the base element, you should have proper 40” distance.
    - At this point give COVER command. The flight members should move as necessary (shuffle steps) to correct recognized problems.
    - Check and correct all alignment.
    - If you are satisfied, remind flight they must continually monitor and correct alignment while marching.
- Explain what D.C.I.D. terms mean
  - Say terms while marching to remind cadets to check...or tell them to check alignment
  - **Dress** (person to right typically), **Cover** (directly in line w/person in front of you), **Interval** (front of file sets- arms length), **Distance** (set by base file- 40”)

**COLUMN L/R**



# LEFT (RIGHT) FLANK

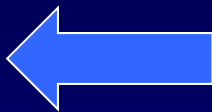
Purpose: The left (right) flank is the military way of turning an entire formation 90° to the left (right) while marching

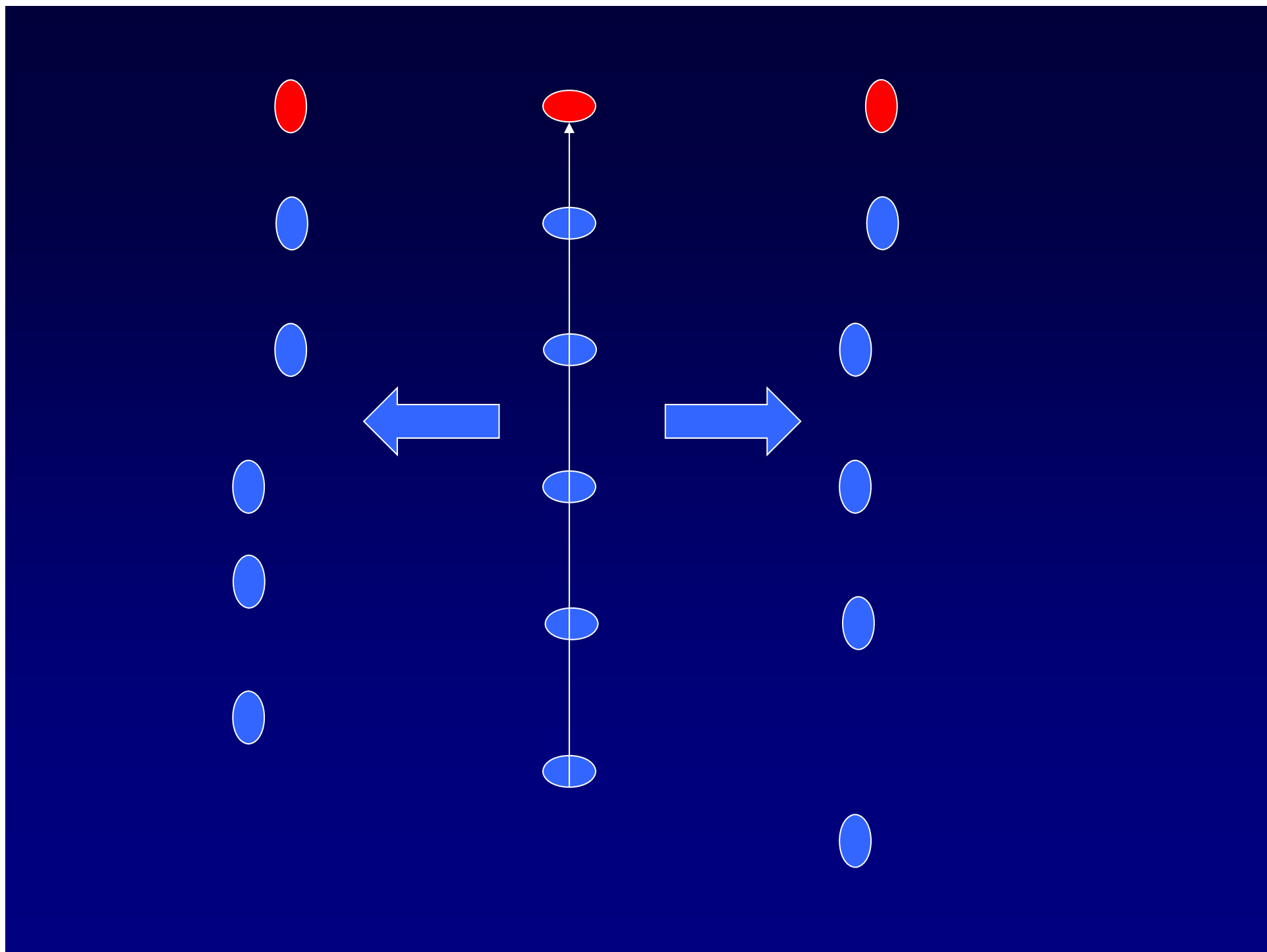
IAW AFMAN 36-2203, this movement is used for a quick movement to the right or left for **short distances only**.



# Right Flank

- Preparatory command: “Right Flank”
- Command of execution: “March”
- Procedures:
  - Preparatory command given as the heel of the right foot strikes the ground.
    - Form a mental picture of what is about to take place & continue to march
  - When heel of left foot strikes the ground, you will not hear anything, continue to march, with coordinated arm swing.
  - When heel of right foot strikes ground again, you will hear command of execution, “March”.
  - On “March”, everyone takes one more 24” step with the left foot
    - Bringing arms to sides at position of attention.
  - Pivot 90° to the right on the ball of the left foot (toes), stepping out with right foot with a full 24” step, resuming coordinated arm-swing (left arm out with right foot)
    - Pivot and step off are executed in one count
  - Maintaining DCID throughout movement





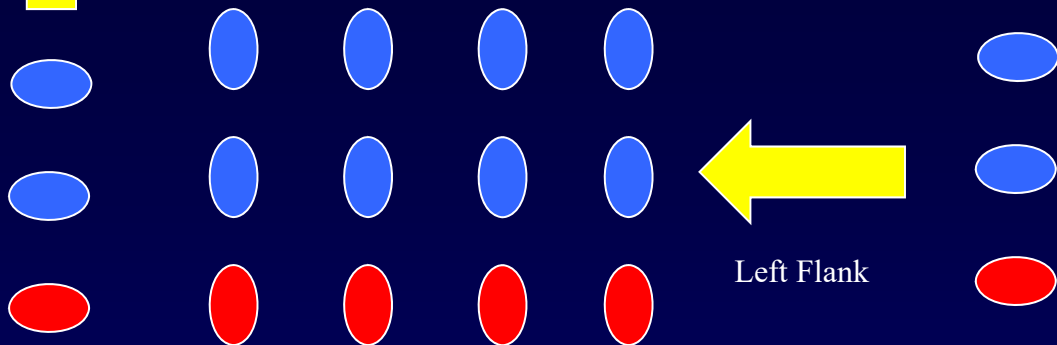


# Left Flank

- Preparatory command: “Left Flank”
- Command of execution: “March”
- Procedures:
  - Preparatory command given as the heel of the left foot strikes the ground.
    - Form a mental picture of what is about to take place & continue to march
  - When heel of right foot strikes the ground, you will not hear anything, continue to march, with coordinated arm swing.
  - When heel of left foot strikes ground again, you will hear command of execution, “March”.
  - On “March”, everyone takes one more 24” step with the right foot
    - Bringing arms to side at position of attention.
  - Pivot 90° to the left on the ball of the left foot (toes), stepping out with left foot with a full 24” step, resuming coordinated arm-swing (right arm out with left foot)
    - Pivot and step off are executed in one count
  - Maintaining DCID throughout movement



# Small Group Flank Exercise/Practice

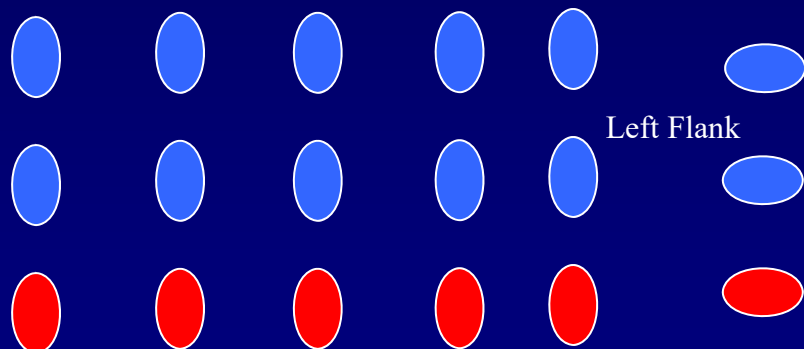


Right Flank

Left Flank



Right Flank



Left Flank



# Flank Review

- **Preparatory command:** “Left Flank” or “Right Flank”
  - Given as appropriate heel strikes the ground (left for left; right for right)
- **Command of execution:** “March”
  - Given as appropriate heel strikes the ground (left for left; right for right)
- **Procedures:**
  - On “March”, **take one more 24” step** putting weight on ball of foot (toes)
    - **Bringing arms to side at position of attention**
  - **Simultaneously** (executed in one count)
    - **Pivot 90° on ball of the foot** stepped out with after “March” only (toes)
    - **Stepping out with other foot with a full 24” step**
    - **Resuming coordinated arm-swing** (arm outside turn goes out...thus inside arm goes back)
  - Maintain DCID throughout movement
- **In short, at command of execution**
  - Full Step & Pin
  - Simultaneously **Pivot, Step, Swing outside (PSS)**

# To The Rear

- **Purpose:** Military way of turning an entire formation 180° to the rear while marching



# To The Rear

- **Preparatory command:** “To The Rear”
  - Given as heel of right foot strikes the ground
- **Command of execution:** “March”
  - Given as heel of right foot strike the ground
- **Procedures:**
  - On “March” **take a 12” step with the left foot and place it in front of and in line with the right foot and bring arms to side at attention**
    - Distribute your weight on balls of both feet (toes)
  - **Pivot to the right on balls of both feet and turn 180 degrees**
    - Do NOT force the body up or lean forward
  - **Following pivot, take 12” step with left foot in new direction, with coordinated arm swing (right arm out)**
    - 12’ is measured heel to heel
  - **Full 24” step with right foot (back to standard marching)**
  - Maintain D.C.I.D. throughout movement
- **In short, at command of execution**
  - 12” In line & pin
  - Pivot (right)
  - Half step (right arm out)
  - 24; left, right, left